

Date: _____



Division of Urology & Urological Oncology

Transrectal Ultrasound-Guided Prostate Procedure Pre-Procedure Instructions:

Your doctor has determined that an ultrasound-guided prostate procedure is necessary.

This procedure will be performed at 8 Huntington Pike, Rockledge, PA 19046. The entire procedure usually takes less than 15 minutes to complete; however, registration and post-procedural monitoring may keep you in the office for several hours (patients must urinate prior to discharge).

Risks of any transrectal prostate procedure include infection and small risks of bleeding (in the urine, stool and semen), and urinary retention (not being able to urinate). You will be given detailed instructions after the procedure, but be sure to call us with any fevers, concerning bleeding, or inability to urinate after the procedure.

Option for general anesthesia: You may always request to have this procedure done under general anesthesia in the operating room. However, this would require you to undergo pre-admission testing and undergo general anesthesia, which has its own risks. These risks depend on your overall health. Please let our team know if you would like to discuss this option further. If at any point during your outpatient procedure, you are uncomfortable and would like to stop, you can always request for us to stop. We can readily reschedule the procedure under anesthesia in the operating room on a different day.

Please follow the guidelines listed below to minimize problems after the procedure:

1. Unless instructed otherwise, do not take aspirin, aspirin-containing products, or NSAIDS for one week prior to the biopsy. Also try to avoid vitamin E, fish oil and flax seed oil, (you may take Tylenol). (See medications to avoid list).
 2. Most patients will receive an injection of antibiotics immediately prior to biopsy; however, if you were prescribed antibiotics by your physician please make sure to start taking these medications.
 3. Please perform _____ Saline Enemas 2 hours prior to leaving your house for procedure.
 4. ***Eat and drink normally on the day of the test*** and following the procedure.
 5. Please bring a driver with you on the day of procedure.
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If any questions arise either before or after the procedure, please do not hesitate to call.

Important Phone Numbers
(do not hesitate to call with any issues/questions!)

Monday – Friday 8:30am – 5:00pm call → 215-728-4300
All other times call → 215- 728-6900

YOUR APPOINTMENT IS SCHEDULED FOR: _____

*****If you are planning to take pain or anti-anxiety medications for this procedure, please discuss with your treating team!**